

Rialto Unified School District

Oct 2, 2023 thru Oct 6, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/02/2023																
CACFP SUPPER	Total	4000														
Pull Apart Bread 2020	Serving	4500	290	30	629	0.00	9.71	243.0	136	0.48	1	14.99	28.97	13.99	5.00	0.00
Mixed Berry, Froz. 2019	1 each	4000	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
Sauce, Marinara '22	Servings (2oz)	4000	27	0	206	1.14	0.79	16.7	365	6.27	*1	1.18	5.95	0.19	0.03	*0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			553	36	1049	3.14	12.44	540.1	1019	6.81	*36	26.04	78.54	15.93	5.65	*0.00
% of Calories											*26.1%	18.8%	56.8%	25.9%	9.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 10/03/2023																
CACFP SUPPER	Total	4000														
PRETZEL DOG 2013 WG	1 EACH	4000	300	35	780	5.00	5.00	132.0	55	0.0	6	20.0	41.0	6.5	2.00	0.00
Carrot Nibblets 2022	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10255	3.6	3	0.57	5.84	0.15	0.02	0.00
Craisins 2020	servings	4000	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			632	50	974	10.16	5.50	508.3	10810	6.12	62	31.61	112.76	9.98	3.58	*0.00
% of Calories											39.4%	20.0%	71.4%	14.2%	5.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 10/04/2023																
CACFP SUPPER	Total	4000														
Burrito, Bean & Chz '22	1 each	3000	577	60	1278	5.65	4.01	612.4	701	2.48	*1	25.15	59.92	26.12	13.02	*0.00
CELERY STICKS 2021	serving	4000	18	0	89	1.78	0.22	44.6	500	3.45	2	0.77	3.31	0.19	0.04	*N/A*
GRAPES,Fresh	serving	4000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			632	60	1199	6.85	3.50	866.8	1618	11.39	*32	31.21	80.03	22.60	11.41	*0.00
% of Calories											*20.1%	19.7%	50.6%	32.2%	16.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 2, 2023 thru Oct 6, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/05/2023																
CACFP SUPPER	Total	4000														
CHICKEN PATTY, WG/HMSTL B UN2015	1 EACH	3000	338	50	666	5.00	2.16	300.0	142	1.0	3	22.0	43.0	10.0	2.00	0.00
BARBECUE BEANS -2012	1/2 CUP	4000	197	0	782	6.77	2.07	63.6	302	1.51	*9	8.1	45.2	0.65	0.13	*0.00
APPLES, Fresh sliced 2017	pkg. (3 oz)	4000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			622	53	1431	13.52	3.87	648.6	959	190.06	*35	35.60	105.46	10.65	3.13	*0.00
% of Calories											*22.3%	22.9%	67.9%	15.4%	4.5%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Fri - 10/06/2023																
CACFP SUPPER	Total	4000														
YOGURT BK, Straw W/Crack-2019	SERVING	5500	300	10	270	2.00	2.00	282.0	2500	0.0	30	9.0	55.0	5.5	2.00	0.00
Carrot Nibbles 2022	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10255	3.6	3	0.57	5.84	0.15	0.02	0.00
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			647	29	564	7.08	3.20	763.0	14257	14.79	70	25.05	120.54	10.54	4.39	*0.00
% of Calories											43.6%	15.5%	74.5%	14.7%	6.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			617	45	1044	8.15	5.70	665.4	5733	45.83	*47	29.90	99.47	13.94	5.63	*0.00
											*68.6%	19.4%	64.5%	20.3%	8.2%	*0.0%

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Oct 2, 2023 thru Oct 6, 2023

CACFP SUPPER

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	617		550 - 650	100%													
Cholesterol (mg)	45																
Sodium (mg)	1044		1230														
Fiber (g)	8.15																
Iron (mg)	5.70																
Calcium (mg)	665.4																
Vitamin A (IU)	5733																
Sugars (g)	47	30.49%				Missing											
Vitamin C (mg)	45.83																
Protein (g)	29.90	19.38%															
Carbohydrate (g)	99.47	64.47%															
Total Fat (g)	13.94	20.33%															
Saturated Fat (g)	5.63	8.21%															
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Oct 9, 2023 thru Oct 13, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/09/2023																
CACFP SUPPER	Total	4000														
Grilled Cheese, Integrated2020	1 EACH	5000	245	24	479	3.00	1.64	362.2	393	0.0	5	15.03	30.11	7.83	4.25	0.00
BROCCOLI,raw: fresh .75 CUP	Serving	4000	23	0	23	1.77	0.50	32.1	425	60.88	1	1.92	4.53	0.25	0.02	*N/A*
Craisins 2020	servings	4000	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			636	45	773	8.98	2.87	841.0	1417	63.40	61	31.76	108.09	13.37	6.89	*0.00
% of Calories											38.1%	20.0%	68.0%	18.9%	9.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 10/10/2023																
CACFP SUPPER	Total	4000														
CHEESEBURGER,W/ WHEAT BUN 2022	1 EACH	3300	340	46	820	3.00	3.89	238.1	253	0.0	5	22.77	32.18	15.35	6.46	*0.30
BARBECUE BEANS -2012	1/2 CUP	4000	197	0	782	6.77	2.07	63.6	302	1.51	*9	8.1	45.2	0.65	0.13	*0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	4000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			649	53	1608	12.24	5.46	620.1	1062	189.31	*36	37.88	99.75	15.81	6.95	*0.25
% of Calories											*22.4%	23.4%	61.5%	21.9%	9.7%	*0.3%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 10/11/2023																
CACFP SUPPER	Total	4000														
QUESADILLA,Spicy, Chicken 2020	1 EACH	2000	454	91	927	3.00	1.88	563.3	594	4.25	*2	29.52	30.8	23.05	12.29	*0.00
CELERY STICKS 2021	serving	5000	18	0	89	1.78	0.22	44.6	500	3.45	2	0.77	3.31	0.19	0.04	*N/A*
Mixed Berry, Froz. 2019	1 each	5000	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
DRESSING, RANCH	.5 oz	500	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	5000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	5000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			653	67	941	6.23	2.12	1088.5	2173	9.45	*63	39.50	89.66	15.33	8.15	*0.00
% of Calories											*38.8%	24.2%	54.9%	21.1%	11.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Oct 9, 2023 thru Oct 13, 2023

CACFP SUPPER

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/12/2023																
CACFP SUPPER	Total	4000														
Popcorn Chicken-Wh.Grain 2021	Serving	5000	207	47	400	2.00	0.36	160.0	112	1.0	1	14.0	13.0	11.0	2.00	0.00
Cookie, Choc Graham belly bear	bag	5000	121	0	86	2.03	1.09	101.2	0	0.0	7	2.03	20.25	4.05	0.00	0.00
Carrot Nibbles 2022	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10255	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLESAUCE, UNSWEETED	serving	4000	51	0	2	1.34	0.28	4.9	35	1.22	11	0.21	13.75	0.12	0.01	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			607	74	802	8.08	2.28	701.6	10930	8.47	38	31.81	77.16	21.58	4.03	*0.00
% of Calories											25.3%	21.0%	50.9%	32.0%	6.0%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Fri - 10/13/2023																
CACFP SUPPER	Total	4000														
Grinder, turkey&cheese-EI-2017	1 EACH	5500	296	42	1147	3.00	1.89	248.1	175	0.0	*3	26.08	34.09	8.47	2.56	*0.00
CUCUMBER, SLICED 2021	serving	4000	12	0	2	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.09	0.02	*N/A*
GRAPES,Fresh	serving	4000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			601	73	1731	5.34	3.08	716.6	915	8.26	*35	47.95	81.49	14.55	5.14	*0.00
% of Calories											*23.2%	31.9%	54.2%	21.8%	7.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average																
			629	62	1171	8.18	3.16	793.6	3299	55.78	*47	37.78	91.23	16.13	6.23	*0.05
											*66.8%	24.0%	58.0%	23.1%	8.9%	*0.1%

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Oct 9, 2023 thru Oct 13, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	629		550 - 650	100%													
Cholesterol (mg)	62																
Sodium (mg)	1171		1230														
Fiber (g)	8.18																
Iron (mg)	3.16																
Calcium (mg)	793.6																
Vitamin A (IU)	3299																
Sugars (g)	47	29.71%				Missing											
Vitamin C (mg)	55.78																
Protein (g)	37.78	24.02%															
Carbohydrate (g)	91.23	58.01%															
Total Fat (g)	16.13	23.07%		<=30.00%													
Saturated Fat (g)	6.23	8.92%		<10.00%													
Trans Fat ¹ (g)	0.05	0.07%				Missing											

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Oct 16, 2023 thru Oct 20, 2023

CACFP SUPPER

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/16/2023																
CACFP SUPPER	Total	4000														
Chicken Tenders, WG 2017	Serving	4200	184	34	383	2.00	2.00	20.0	84	87.0	0	15.0	13.0	8.0	2.00	0.00
Cracker, Cheez-It Wh.Gr.-2013	pkg	4200	100	0	150	1.00	1.00	100.0	500	0.0	0	0.0	14.0	3.5	1.00	0.00
BROCCOLI,raw: fresh .75 CUP	Serving	4000	23	0	23	1.77	0.50	32.1	425	60.88	1	1.92	4.53	0.25	0.02	*N/A*
raisin, box 1.5 oz.	box (1.5 oz)	4000	129	0	5	1.59	0.81	21.5	0	0.99	25	1.32	34.05	0.2	0.03	*N/A*
CATSUP	1 oz	4000	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			631	51	1037	6.52	4.64	592.1	1830	157.62	52	31.99	96.27	15.02	4.69	*0.00
% of Calories											32.8%	20.3%	61.0%	21.4%	6.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 10/17/2023																
CACFP SUPPER	Total	4000														
HOT DOG-BEEF WWHEAT BUN	SERVING	3000	388	40	984	3.00	2.87	80.0	15	0.0	5	14.94	32.97	22.84	8.93	0.00
BARBECUE BEANS -2012	1/2 CUP	3000	197	0	782	6.77	2.07	63.6	302	1.51	*9	8.1	45.2	0.65	0.13	*0.00
Mixed Berry, Froz. 2019	1 each	3000	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
MUSTARD	.5 oz	1000	10	0	177	0.51	0.23	9.0	11	0.23	0	0.68	0.83	0.62	0.04	0.00
CATSUP	.5 oz	1000	17	0	125	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	0.0	0.00	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			631	42	1546	8.95	3.95	434.9	741	2.99	*38	27.70	91.67	19.64	7.93	*0.00
% of Calories											*24.0%	17.6%	58.1%	28.0%	11.3%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 10/18/2023																
CACFP SUPPER	Total	4000														
PIZZA,PEP-WG-4X6 ARDELLAS -2013	1 EACH	4000	330	38	670	3.58	1.36	470.4	469	12.65	5	18.64	31.94	14.46	6.25	0.00
CELERY STICKS 2021	serving	4000	18	0	89	1.78	0.22	44.6	500	3.45	2	0.77	3.31	0.19	0.04	*N/A*
GRAPES,Fresh	serving	4000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
DRESSING, RANCH .50oz	Servings	2000	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00

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Rialto Unified School District

Oct 16, 2023 thru Oct 20, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			566	45	966	6.20	2.57	869.8	1687	20.42	43	30.87	75.52	17.37	7.07	*0.00
% of Calories											30.6%	21.8%	53.4%	27.6%	11.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 10/19/2023																
CACFP SUPPER	Total	4000														
BURRITO,TKY BEAN & CHSE-2 017	SERVING	4000	434	27	452	8.27	4.30	175.0	362	2.03	*2	19.21	59.25	14.21	3.87	*0.00
Carrot Nibbles 2022	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10255	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	4000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			630	42	644	12.97	4.66	555.2	11166	193.43	*27	30.78	93.10	16.86	5.39	*0.00
% of Calories											*17.4%	19.5%	59.1%	24.1%	7.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 10/20/2023																
CACFP SUPPER	Total	4000														
Uncrustable, Grp Wh 5.3oz-2015	1 each	3000	590	0	530	7.00	2.00	83.0	0	0.0	30	18.0	64.0	32.0	7.00	0.00
CELERY STICKS 2021	serving	4000	18	0	89	1.78	0.22	44.6	500	3.45	2	0.77	3.31	0.19	0.04	*N/A*
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			640	11	600	9.66	1.99	374.4	940	14.04	*47	23.62	86.38	26.40	6.53	*0.00
% of Calories											*29.6%	14.8%	54.0%	37.1%	9.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			620	38	959	8.86	3.56	565.3	3273	77.70	*42	28.99	88.59	19.06	6.32	*0.00
											*60.3%	18.7%	57.2%	27.7%	9.2%	*0.0%

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Rialto Unified School District

Oct 16, 2023 thru Oct 20, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	620		550 - 650	100%													
Cholesterol (mg)	38																
Sodium (mg)	959		1230														
Fiber (g)	8.86																
Iron (mg)	3.56																
Calcium (mg)	565.3																
Vitamin A (IU)	3273																
Sugars (g)	42	26.82%				Missing											
Vitamin C (mg)	77.70																
Protein (g)	28.99	18.72%															
Carbohydrate (g)	88.59	57.19%															
Total Fat (g)	19.06	27.69%	<=30.00%														
Saturated Fat (g)	6.32	9.18%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Oct 23, 2023 thru Oct 27, 2023

CACFP SUPPER

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/23/2023																
CACFP SUPPER	Total	4000														
CHEESEBURGER MINIS-2018	SERVING	5000	272	45	355	2.60	2.80	82.0	100	0.0	3	19.7	31.3	7.8	2.90	0.00
CARROT, sticks '22	Serving	4000	54	0	91	3.69	0.40	43.5	22161	7.78	6	1.23	12.63	0.32	0.05	0.00
Mixed Berry, Froz. 2019	1 each	4000	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			604	71	685	8.94	3.90	496.1	22786	10.18	41	36.85	87.76	12.57	5.18	0.00
% of Calories											26.9%	24.4%	58.1%	18.7%	7.7%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 10/24/2023																
CACFP SUPPER	Total	4000														
Taco Snack '23	1 EACH	4000	319	30	629	3.00	3.59	149.7	0	0.0	3	15.97	29.95	14.97	6.99	0.00
Carrot Nibbles 2022	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10255	3.6	3	0.57	5.84	0.15	0.02	0.00
Craisins 2020	servings	4000	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			651	45	823	8.16	4.10	526.0	10755	6.12	*59	27.58	101.71	18.45	8.57	*0.00
% of Calories											*36.4%	16.9%	62.5%	25.5%	11.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 10/25/2023																
CACFP SUPPER	Total	4000														
PIZZA,STUFD PEPPERONI SA	1 EACH	4000	300	45	830	3.00	2.70	200.0	400	0.0	*N/A*	17.0	32.0	12.0	5.00	0.00
NDWICH																
CELERY STICKS 2021	serving	6000	18	0	89	1.78	0.22	44.6	500	3.45	2	0.77	3.31	0.19	0.04	*N/A*
APPLES,Fresh sliced 2017	pkg. (3 oz)	6000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			543	51	1136	10.17	4.02	619.3	1850	283.88	*38	28.90	78.96	12.91	5.44	*0.00
% of Calories											*28.0%	21.3%	58.1%	21.4%	9.0%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 23, 2023 thru Oct 27, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/26/2023																
CACFP SUPPER	Total	4000														
TurkHam&Chz WG Hawaii Bun'23	1 EACH	3950	186	17	392	1.99	1.85	105.2	122	0.0	5	10.62	27.21	4.25	1.37	0.00
BARBECUE BEANS -2012	1/2 CUP	4000	197	0	782	6.77	2.07	63.6	302	1.51	*9	8.1	45.2	0.65	0.13	*0.00
GRAPES,Fresh	serving	4000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
CATSUP	.5 oz	1	19	0	154	0.05	0.07	2.7	87	0.7	4	0.21	4.46	0.03	0.01	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			563	32	1321	9.56	4.17	530.4	1015	7.59	*43	30.17	103.86	7.67	3.08	*0.00
% of Calories											*30.9%	21.4%	73.8%	12.3%	4.9%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Fri - 10/27/2023																
CACFP SUPPER	Total	4000														
YOGURTBK,Straw W/Crack-2019	SERVING	5500	300	10	270	2.00	2.00	282.0	2500	0.0	30	9.0	55.0	5.5	2.00	0.00
Carrot Nibblets 2022	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10255	3.6	3	0.57	5.84	0.15	0.02	0.00
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			647	29	564	7.08	3.20	763.0	14257	14.79	*70	25.05	120.54	10.54	4.39	*0.00
% of Calories											*43.6%	15.5%	74.5%	14.7%	6.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			602	45	906	8.78	3.88	587.0	10133	64.51	*50	29.71	98.57	12.43	5.33	*0.00
											*75.4%	19.8%	65.5%	18.6%	8.0%	*0.0%

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Rialto Unified School District

Oct 23, 2023 thru Oct 27, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	602		550 - 650	100%													
Cholesterol (mg)	45																
Sodium (mg)	906		1230														
Fiber (g)	8.78																
Iron (mg)	3.88																
Calcium (mg)	587.0																
Vitamin A (IU)	10133																
Sugars (g)	50	33.50%				Missing											
Vitamin C (mg)	64.51																
Protein (g)	29.71	19.75%															
Carbohydrate (g)	98.57	65.52%															
Total Fat (g)	12.43	18.59%	<=30.00%														
Saturated Fat (g)	5.33	7.97%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Oct 30, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/30/2023																
CACFP SUPPER	Total	4000														
Pull Apart Bread 2020	Serving	5000	290	30	629	0.00	9.71	243.0	136	0.48	1	14.99	28.97	13.99	5.00	0.00
Mixed Berry, Froz. 2019	1 each	4000	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
Sauce, Marinara '22	Servings (2oz)	4000	27	0	206	1.14	0.79	16.7	365	6.27	*1	1.18	5.95	0.19	0.03	*0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			589	39	1128	3.14	13.65	570.5	1036	6.87	*36	27.91	82.17	17.68	6.27	*0.00
% of Calories											*24.6%	19.0%	55.8%	27.0%	9.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 10/31/2023																
CACFP SUPPER	Total	4000														
PRETZEL DOG 2013 WG	1 EACH	4000	300	35	780	5.00	5.00	132.0	55	0.0	6	20.0	41.0	6.5	2.00	0.00
Carrot Nibbles 2022	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10255	3.6	3	0.57	5.84	0.15	0.02	0.00
Craisins 2020	servings	4000	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
MUSTARD	.5 oz	1	10	0	177	0.51	0.23	9.0	11	0.23	0	0.68	0.83	0.62	0.04	0.00
CATSUP	.5 oz	1	19	0	154	0.05	0.07	2.7	87	0.7	4	0.21	4.46	0.03	0.01	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			632	50	974	10.16	5.50	508.3	10810	6.12	62	31.61	112.77	9.98	3.58	*0.00
% of Calories											39.4%	20.0%	71.4%	14.2%	5.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			610	45	1051	6.65	9.58	539.4	5923	6.49	*49	29.76	97.47	13.83	4.93	*0.00
											*72.6%	19.5%	63.9%	20.4%	7.3%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Oct 30, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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		Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*									
Calories	610		550 - 650														
Cholesterol (mg)	45																
Sodium (mg)	1051		1230														
Fiber (g)	6.65																
Iron (mg)	9.58																
Calcium (mg)	539.4																
Vitamin A (IU)	5923																
Sugars (g)	49	32.26%			Missing												
Vitamin C (mg)	6.49																
Protein (g)	29.76	19.50%															
Carbohydrate (g)	97.47	63.88%															
Total Fat (g)	13.83	20.39%	<=30.00%														
Saturated Fat (g)	4.93	7.27%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%			Missing												

*Data comparisons are not available for one or two day selections

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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